SW424B: Social Work Practice with Groups

(Theory + Practical)

Full Marks: 50 (35+15)

Teaching hours: 75 (50+25)

Course Description

This course aims at developing knowledge and skills of students on social group work process, methods, interventions skills, and group mobilization. The overall objectives of the course are to help students develop an appreciation for the distinguishing features of social group work and to provide them with the knowledge, skills and values essential to direct practice with groups, family and other variety of settings to achieve social justice.

Course Objectives

1. To enhance knowledge and skills of students on group work methods, techniques, tools needed to practice with groups, families, organizations and communities.

2. To enhance understanding of students in social group work theories, principles, approach, communication skills, and group dynamics.

3. To enhance the ability of students to apply the knowledge and skills learned in the classroom for direct social work practice and act according to social work ethics and values in organizational setting.

Chapter 1: Introduction to Social Group Work   8 hrs

Group, Team, Group Work and Team Work

Social Group Work: Definition, Meaning, Concept, Scope, Objectives
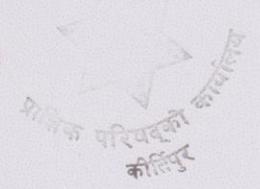
History of Social Group Work

Douglas 14 Principles of Social Group Work

Relationship between Social Case Work, Social Group Work and Community Organization

Chapter 2: Process of Social Group Work and its Practice   8 hrs

Group Work Process - Planning Phase, Beginning Phase, Middle Phase, Ending Phase

Recording in Social Group Work, Types and its importance

Roles of group worker: Facilitator, Leader, Moderator, Manager, Administrator, Enabler, Therapist, Helper, Resource mobilizer and Evaluator

Approaches and Models in Group Work Practice: Therapeutic / Social Treatment, Developmental Group and Task oriented Group.

Chapter 3: Group Dynamics and Group Development   5 hrs

Group Dynamics

Dynamics in Group Formation

Group Development

Power

Pattern and process of group interaction

Crisis and Conflict in groups, Crisis management, handling conflict in group, conflict resolution,

Chapter 4: Theories of Social Group Work   8 hrs

Contemporary theories and methods of group work practice in social work:

Systems Theory

Psychodynamic theory

Social Learning theory

Conflict theory

Garland, Jones and Kolodny's five stage model

NASW Code of Ethics

Ethics in Social Work, IFSW Standards

Chapter 5: Use of Program Media in Group Work   5 hrs

Program Laboratory (Program Media in Social Group Work) Play, Games, Singing, Dancing, Role Play, Story Telling, Puppetry, Group Discussion and Excursion

Group climate, Socio-metric pattern and its use, evaluation and assessment of group functioning

Chapter 6: Leadership and Group Behavior   8 hrs

Leader. Leadership

Types of Leadership

Leadership Theories

Concept of Leadership in the Social Group Work

Centralization and Decentralization

Chapter 7: Social Group Work Practice in Different Settings   8 hrs

Group Work in Nepal

Group Work practices among Children, Youth, Aged, Women

Self Help Groups, Women Group, Cooperative Group, Correctional Setting, and Group Work communities

Group work in institutional settings like educational institutions, hospitals, and youth development settings, child settings, family service agencies, municipality, DDC/VDC, social welfare organizations, labor organizations, NGOs and Community.

Unit V: Practical (Social Work Practice)   [25 LH]

Teaching faculty will plan for this practical work as per the availability of financial resources and feasibility of field work to be carried out related to social work with group. Faculty will make a single group or a number of groups based on the number of students studying. Each group will go to community/society and will carry out field work of 50 hours and will prepare a field work or project work report as the social work practice in the community. There will be a supervisor who will guide/supervisor the overall field work/case work/community/organization work. The student will present this report in the viva-voce organized by the department/campus at end of academic year. This viva-voce including the report submitted by the student will be the basis of final evaluation of 30 marks allocated for the practical of social work practice.
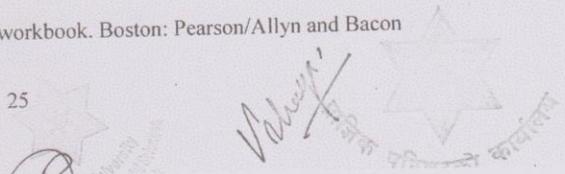
Essential Reading

Balgopal, P.R.& Vassil, T.V.(1983). Groups in Social Work: An Ecological Perspective: New
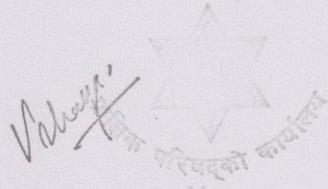   York: Macmillan.

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Gravin, Charles D. and Lorriae M. Gulier (Ed.) (2007). A Hand Book of Social Work with Groups. Jaipur:

Lindsay, A. W. (1952). *Group Work Recording: Principles and Practices*. New York: Women Press.

Phillips, Helen (1962) . *Essentials of Social Group Work Skills*. New York: Associate Press.

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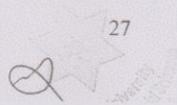
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Belmont, CA: Brooks-Cole, Ch. 11, The Work Phase in the Group and Ch. 12, Working with the Individual in the Group

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Drumm, K. (2006). The essential power of group work. Social Work with Groups, 29(2-3), 17-31.

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Northen, Helene, Roberts (1976). *Theory of Social Work with Groups*. New York: Columbia University Press.

Reed, K. (1997). Social work practice with groups: A clinical perspective. (2nd ed.). Pacific Grove, CA: Brooks/Cole

Reid E. Kenneth (1996). *Social Work Practice with Groups - A Clinical Perspective*. USA: Brook/Cole Publishing Company.

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